



# Natoaganeg School

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Eel Ground N.B.  
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Terri Anne Larry, Principal

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Apiknajit

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February

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2020

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## Dates to remember:

Feb.3 PD Day (no school for students)

Feb.7 Skating

Feb.17 Family Day  
(all schools closed)

Feb.21 Skating

Feb.21 100<sup>th</sup> Day of  
School Celebration

Feb.26 Pink t-shirt  
day

March 2-6 March  
Break

March 23-27 Book  
Fair

## Dear Parents and Guardians:

February is upon us and the weather is cold. Please ensure your child is dressed appropriately for the weather.

It is imperative that the school has the most up to date contact information and emergency phone numbers for students. If your phone number has changed or your emergency contact information has changed please notify the school.

Coming up this month we have Family Week (see attached flyer) skating, 100<sup>th</sup> Day Celebration and Pink t-shirt Day. Please read through the newsletter for important dates and information.

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Literacy Day was celebrated on January 27<sup>th</sup>. Thank You to the organizers and volunteers who make this event a success every year.

**Congratulations to Stacey Matchett, she was the winner of a \$25 Indigo gift card at our Literacy Day Event.**

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**We have partnered again with Child and family and CrossFit Pound. Middle School students will be travelling to the Pound to complete fitness outcomes.**

**Grade 6 will go on Mondays**

**Grade 7/8 will go on Tuesdays**

**Students are reminded to bring a change of clothes, indoor sneakers and a water bottle.**



## Pink T-Shirt Day Wednesday February 26<sup>th</sup>

On **Pink T-Shirt Day**, everyone is encouraged to wear something pink to symbolize that bullying anywhere will not be tolerated.

*It is important that victims of bullying know they are not alone and there is help and support available. Wearing a pink shirt on this day sends a strong message to them that others care. Often, the simple act of wearing a shirt can start a conversation.*

Math Homework Help for middle school students.

Every Wednesday at noon in Mrs. Harris' class.

Congratulations to our perfect attendance winners for January:

Russell C.

Talan T.



On Feb 21<sup>st</sup> we will celebrate our 100<sup>th</sup> day of school. In the afternoon starting at 1, students will be participating in various math activities. Families are welcome to come join.

Students are encouraged to dress for the occasion in spirit of the 100<sup>th</sup> day or math themed.

# Mi'kmaq word of the day



Ta'sik nuta'n?

How much do you need?

Talaw'tik?

How much does it cost?

MU MEKO' TINUK

IT DIDN'T COST TOO MUCH.

The Grade 4, to 8 took part in a cultural workshop and learned the art of Quilling.

Wela'liek Ashley Sanipass for this valuable teaching.



# Attendance Matters!

## Let your child know that good attendance is important:

- Attendance is a parent/student responsibility. Let your child know that you think attending school daily is important.
- Good attendance habits start at an early age. Make sure your child goes to school regularly and on time. This helps them develop a positive view of school and the importance of attendance.

## Establish a routine

- Give yourself and children enough time to get ready in the mornings. No TV on school mornings.
- Plan ahead the night before: identify and prep breakfast, pick out clothing and shoes, pack backpacks with completed homework, snacks/water. Parents can prepare for the work the night before also.

## Show interest in student's activities:

- Attend Parent/Teacher Conferences
- Attend Back to school Night and parent meetings
- Volunteer in the classroom. On field trips or during school events

## Keep the lines of communication open

- Let the school know in advance if your child is going to be absent.
- If you have concerns about your child's attendance or school performance, call the school and discuss it with your child's teacher.

## NEKAW NAQSI P+SIN

### **We're always at school Perfect Attendance Program**

The goal is to promote attendance at school, encourage punctuality, and discourage tardiness. Every day that a class has perfect attendance they will receive a letter from the phrase

## **NEKAW NAQSI P+SIN**

The first class to spell out this phrase will receive a surprise at the end of the week in which they won.



## Kelulk Mijijewey – We Eat Good Food

At Natoaganeg School we do our best to impart a message to the students that promotes healthy foods and healthy food choices.

One way we do this is by providing the children with a healthy and nutritious breakfast, mid-morning snack and lunch each day.

If children bring a snack or lunch from home, they should come prepared with a healthy choice that is low in sugar and sodium.

Some examples of an appropriate snack are:

applesauce, fruits, veggies, cereal bar, granola, yogurt, cheese, crackers.

Sugary snacks like chocolate, juice, chips and cakes should not be brought to school.

Visit our website for photos and recipes!

[www.eelgroundschool.ca](http://www.eelgroundschool.ca)

## PATHS® IN OUR SCHOOL

Parents...do your children ever have difficulty calming down?



You can use the control signals poster as a way to help your child get control of their behavior.

Step 1 is the **Red Light**: STOP! Take a long, deep breath. Say the problem and how you feel.

Step 2 is the **Yellow Light**: THINK! What can I do? Would it work?

Step 3 is the **Green Light**: GO! Try out your solution. Your child is learning this way to solve problems in the classroom during our PATHS® lessons. Using the same steps at home will help your child remember and follow these steps more often when they have a problem. Helping your child solve their own problems builds self-esteem!

## SUCCESSFUL NEWSLETTER DELIVERY BALLOT

Sign below to indicate that your son/daughter has delivered to you this month's newsletter. Have your child return this ballot to the ballot box located at the school office by Friday February 21, 2020.

At the end of the month a draw will be made for a gift certificate from all the ballots that are returned.

*January Winner: Isaiah Dixon*

Parents Signature

Childs name

Class

# Bell Let's Talk



Students and Staff gathered to recognize Suicide Prevention Awareness, Day In Yellow. Students help up messages of support and encouragement



Follow us on social media  
Facebook:  
Natoaganeg School  
and  
Natoaganeg Home & School Association